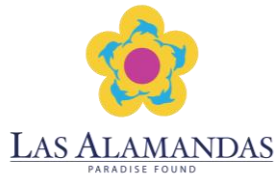


LAS ALAMANDAS
PARADISE FOUND

Rejuvenate your Mind, Body and Soul

With our exclusive massages and experiences



Massages Menu

Massages (60 min):

✿ Swedish Massage	USD \$ 130
✿ Reflexology	USD \$ 110
✿ Deep Tissue	USD \$ 130
✿ Therapeutic Massage (80 min)	USD \$ 190
✿ Lymphatic Drainage Massage (80 min)	USD\$ 190
✿ Lomi-Lomi	USD\$ 130
✿ Stone Therapy	USD\$ 150
✿ Thai Massage (90 min with clothes)	USD\$ 190
✿ Aromatherapy	USD \$ 110

Body Treatments:

✿ Thai Exfoliation	USD\$ 110
✿ Salt Glitter Exfoliation	USD\$ 80

Faciales:

✿ Hydrating Facial	USD \$ 110
✿ Sensitive Skin Facial	USD \$ 110
✿ Men's Facial	USD\$ 60

Note: *The rate does not include Taxes and service.*



Massages Descriptions:

- ✿ **Reflexology** - A pressure point massage of the feet, designed to improve circulation, release stress and relax the entire body.
- ✿ **Aromatherapy** - Aromatherapy is an ancient art using aromatic blends of natural essential oils to calm one's physical, mental and emotional state
- ✿ **Stone Therapy** - Therapy provides a deep warm, nurturing massage that is applied with soft, round and warm river rocks that bring relief to inflamed sore muscles. Warm stones will be placed between your toes, along your spine and on the chakra centers of the body. The warmth of the stones feels wonderful and the weight of the stones adds a feeling of grounding, connective tissue, inner peace, security and pure bliss.
- ✿ **Lymphatic Drainage Massage** - Soft and pulsating light massage that allows the elimination of toxins by draining the lymphatic tissues. This helps to activate the correct cellular metabolism as the lymph glands act as the filter system for the body's cells. The lymphatic system cleanses out inorganic toxins, cells, waste, excess water, micro-organisms and other components.
- ✿ **Lomí-Lomí Massage**- Follows Hawaiian ancestral techniques, very similar to certain movements of osteopathy and chiropractic; with them, the stimulation of those points of greater muscular and emotional tension is sought.
- ✿ **Thai Massage**- It is a millenary technique that is performed on the ground, applying to the whole body, from head to toe. It is very effective in the gradual opening of the body, increases mobility and flexibility and decreases body tension, which promotes good circulation and generates energy in body tissues. It can contribute to the improvement of posture and provide general well-being.
- ✿ **Shiat-Su**- Is a manual therapy, or a therapeutic massage, of Japanese origin that seeks to harmonize body, mind and emotions through contact, with the aim of improving the health and vitality of the person who receives it.
- ✿ **Masaje Sueco**- This classic full body massage uses oils and gentle circular strokes to achieve increased circulation and all over relaxation.
- ✿ **Deep Tissue Sports Massage**. A vigorous massage that combines a variety of compressions, stretches and cross-fiber friction techniques.
- ✿ **Masaje Terapéutico (80 minutos)** - This massage using traditional fluid, Swedish movement interspersed with deeper, more therapeutic techniques will relieve your particular areas of soreness and tension. It increases circulation, improves your range of motion and creates a sense of well-being.

Note: The rate does not include Taxes and service.



Body Treatments:

- ⊗ **Thailand's Exfoliation** - Special treatment using an exotic blend of sesame seeds, honey and lemon.
- ⊗ **Salt Glow Exfoliation** - Let your skin glow with this invigorating exfoliation that will make you feel rejuvenated and energize.
- ⊗ **Aloe Vera Treatment.**
- ⊗ **Encased for Tired Legs**

Facials:

- ⊗ **Hydrating Facial** - Moisture and anti-aging treatment.
- ⊗ **Sensitive Skin Facial** - Selected ingredients for sensitive or irritated skins.
- ⊗ **Men's Facial** - Customized facial, it includes shoulder, neck & scalp massage.

Kids Spa Menu

Treatments for Kids:

- | | |
|-----------------------------------|------------------|
| ⊗ Biogelly Pedicure Spa | USD \$ 75 |
| ⊗ Refreshing Feet | USD \$70 |
| ⊗ Mini Reflexology | USD \$77 |
| ⊗ Anti-Stress Massage | USD \$91 |
| ⊗ Relaxing Massage | USD \$91 |
| ⊗ Little Refreshing Facial | USD \$77 |

Note: Children 12 years old and under **MUST** be accompanied by a parent.